

Std.: 10th CBSE
Sub: English



Marks : 80
Time : 3 Hr.
Date : 27/12/2022

Pre-Board Set-I

General Instructions:

- (i) 15 Minute prior reading time allotted for Q-Paper reading.
- (ii) The Question paper contains THREE Sections- Reading, Grammar & Writing and Literature.
- (iii) Attempt questions based on specific instructions for each part.

SECTION - A READING SKILLS

20 Marks

1. Read the passage given below. 1 × 10 = 10

- (1) We live in an era where it is difficult to miss fast and junk food and the rise in teenage obesity and related health issues due to it.
- (2) During teenage, weight gain is normal but when it goes beyond control, the person becomes obese. Our body requires energy to function, which is derived from the food we eat but when the intake of food becomes more than the amount that the body requires, the excess energy is stored as body fat.
- (3) Contemporary lifestyle sees an increasing consumption of junk food, and spending time watching television and playing computer games. Overeating along with lack of physical exercise are the major causes leading to teenage obesity. Large intake of high-calorie food and low-nutrient food leads to unnecessary weight gain. Besides these, obesity can also be genetically inherited where some people have the genetic tendency to burn calories more slowly compared to others. Stress is also a reason for obesity where people resort to overeating to alleviate their stress.
- (4) Teenage obesity is growing immensely and has been named an 'obesity epidemic'.

A number of health issues arise out of it like diabetes, high blood pressure and cholesterol, sleeping disorders, hormonal imbalance, and asthma. Along with these, obesity can also result in psychological problems like low self-esteem due to the constant jeering of peers. Obese teens are more prone to being teased and physically bullied compared to others of their age.

- (5) Therefore, it is necessary to control excessive weight gain. Inactivity is the major cause of obesity and regular exercise is the best way to control it. Physical activity like jogging, swimming and playing outdoor games can help to keep one fit. A balanced diet with lots of vegetables, fruit and whole grains is also essential. Junk food and soft drinks should be substituted with lots of vegetables, fruit and whole grains in the diet. Drinking around 8-10 glasses of water also helps to reduce calorie intake.
- (6) Parents have an important role in controlling teenage obesity as they should try to set examples by following a healthy diet and leading a healthy lifestyle. A combined effort of the parents and kids can help to control this eating disorder.

Based on your understanding of the passage, answer the given questions:

- (A) According to the author, why is it difficult to miss junk food for teenagers today? 1
- (B) According to the passage, junk food is the major cause of obesity. True/false. 1
- (C) Obese teens are more prone to be bullied. The term 'prone' refers to..... 1
- (D) What is the meaning of the phrase - 'constant jeering of peers' in the passage? 1
- (E) If a teenager follows a good diet, can still lead him to obesity.
(a) heredity (b) junk food
(c) bad habits (d) laziness 1
- (F) Select the option with the underlined words that can substitute the word 'alleviate' (paragraph III).
(a) Sameer had been promoted to the Manager's position.
(b) The medicine reduced the headache soon.
(c) The teacher was too angry with the class.
(d) Richa's marks have been increased since last complaint made to her parents. 1
- (G) According to the passage, which emotion leads to over-eating in teenagers? 1
- (H) Select the problems that obesity may lead to, according to the passage.
(1) diabetes
(2) vertigo
(3) high blood pressure and cholesterol
(4) hormonal imbalance
(5) sleeping disorders
(a) (1, (2), (3) and (4)
(b) (3, (4) and (5)
(c) (1, (2) and (5)
(d) (1, (3), (4) and (5) 1
- (I) Which of the following option may make a teenager prone to getting surplus fat?
(a) playing too much of badminton
(b) eating a balanced diet
(c) playing too much of online games
(d) going to a lot of parties 1
- (J) Identify the tone of the given phrase- 'Therefore, it is necessary to control excessive weight gain'. 1

2. Read the passage given below. 1 × 10 = 10

INDOOR POLLUTANTS

- (1) *Call it a blessing or a curse of Mother Nature, we have to breathe in over 10,000 litres of air in a day (more than four million litres in a year) to remain alive. By making it essential for life, God has wished that we try to keep the air we breathe clean. Everyone can see the food that is not clean and perhaps refrain from eating it, but one cannot stop breathing even if one can feel the air to be polluted.*
- (2) *Several harmful and noxious substances can contaminate the air we breathe. Generally, much is said and written about outdoor air pollution, most of which is due to vehicular and industrial exhausts. Given the fact that most of us spend over 90% of our time indoors, it is most important to recognise that the air we breathe in at home or in offices can be polluted. It can be a cause of ill-health. Air pollutants that are generally present in very low concentrations can assume significance in closed ill-ventilated places. The indoor air pollution can lead to allergic reactions and cause irritation to the skin, the eyes and the nose. But as is logical to assume, the brunt of insult by pollutants is borne by the lungs. It can lead to the development of fresh breathing problems, especially in those who have allergic tendencies, or it can worsen the existing respiratory illnesses like asthma and bronchitis.*
- (3) *There can be several sources of indoor air pollution. Tobacco smoke is one of the most important air pollutants in closed places. "Passive smoking" or environmental tobacco smoke (ETS) pollution can lead to all the harmful effects of tobacco smoking seen in the smokers in their non-smoking companions. ETS as a health hazard has been unequivocally proven and is also getting social recognition now. One can occasionally see signs displaying the all-important message: "Your smoking is injurious to my health" in offices and homes. The children of smoking parents are among the worst affected persons. The exposure of young children to ETS leads to increased respiratory problems and hospital admissions as compared to non-exposed children. Several studies, including those done at the PGI, have shown an increased risk of lung cancer among women exposed to passive smoking. ETS also worsens the existing lung diseases like asthma and bronchitis.*
It may be responsible for the development of asthma in children.

(4) *The gases are very toxic in high concentrations as may be encountered during industrial accidents, but even in very minimal amounts, as may be prevalent in homes and offices, they can cause irritation to the skin or the eyes, rashes, headache, dizziness and nausea. Improving the ventilation is an important preventive measure, besides trying to eliminate the source that may not be always feasible. Other indoor pollutants are toxic chemicals like cleansing agents, pesticides, paints, solvents and inferior-quality personal-care products, especially aerosols. Very old crumbling pipes, boilers, insulation or false roofing can also be important sources. Asbestos is a hazardous product that can cause cancer in humans. It is important to realise that the air we breathe at home may not be clean always and we must try to eliminate the source of pollution. We should give due consideration to ventilation.*

Based on your understanding of the passage, answer questions.

- (A) State 1 reason of air being unhealthy for breathing. (1) 1
- (B) Select the option that is true for the two statements given below.
- (1) Passive smoking is also dangerous for health.
- (2) People who inhale the smoke are prone to get respiratory disease like asthma.
- (a) (1) is the result of (2).
 (b) (1) is the reason for (2).
 (c) (1) is true and (2) is false.
 (d) Both (1) and (2) are false. 1
- (C) Select the option that gives the correct meaning of the following statement.
- "Your smoking is injurious to my health"
- (a) Passive smoking is risky for health.
 (b) 'You' and 'I' are both humans so pronouns doesn't matter.
 (c) The person's smoking is not risky for his own health but for us.
 (d) Smoking doesn't affect the smokers but the sniffers. 1

- (D) According to the studies at PGI, women have shown an increased risk of lung cancer because of 1
- (E) Select the appropriate option to fill in the blanks: The effects of ETS does NOT result in:
- (1) asthma
 (2) chicken pox
 (3) bronchitis
 (4) lung cancer
 (5) other respiratory diseases
 (a) (1), (2) and (5)
 (b) (2 and (3)
 (c) only (2)
 (d) only (5) 1
- (F) List 1 way of how can you lessen Indoor pollutants from intoxicating air?
- (1) We can lessen indoor pollutants by 1
- (G) Though outdoor pollutants are very harmful for the air but indoor pollutants are riskier for us as
 Select the correct option.
- (a) we breathe indoors more
 (b) outdoor pollutants are temporary
 (c) outdoor pollutants are not that harmful
 (d) we have immunity against outdoor pollutants 1
- (H) The exposure of young children to ETS leads to increase in migraine problems. (True/false). 1
- (I) Complete the given analogy correctly with a word from the passage:
 Toxic : poisonous ::: conceivable. 1
- (J) Name 3 indoor pollutants with toxic chemicals.
 (1)
 (2)
 (3) 1

SECTION - B

GRAMMAR

10 Marks

Attempt ANY TEN questions.

- (A) Choose the correct options to fill in the blanks to complete the passage:

There is no doubt that the present generation belongs to fast food(i) These include the lack of time of cooking and the (ii) there may be a few plus points of consuming fast food.

- (i) (a) due to taste
 (b) due to various reasons
 (c) due to age
 (d) due to families
- (ii) (a) easy availability of fast food
 (b) least availability of fast food
 (c) no availability of fast food
 (d) high availability of fast food 1

(B) Fill in the blank by choosing the correct option.

Before this year, I move out of my parents' house because I did not have a job.

- (a) may not (b) cannot
 (c) should not (d) could not 1

(C) Complete the given sentence by choosing the right answer.

But now that I have finished college and have a job, I realise that living at home drive my parents and me crazy.

- (a) could (b) would
 (c) should (d) would have 1

I can't never forget my P. T. teacher who had for the healthy habit of daily morning walk. He should get up early and shall go out for a brisk walk. Even when he wouldn't be fit, nothing can stop him from going for it.

(G) The taxi driver spoke English. I couldn't understand him.

- (a) many (b) a little
 (c) very little (d) some 1

(H) 40% of the country support the new law.

- (a) doesn't (b) couldn't
 (c) should (d) won't 1

(I) Excitement, as well as nervousness, the cause of her jittering.

- (a) are (b) had
 (c) is (d) were 1

(J) Which option displays the correct change of the following to reported speech?

Aditi said to Riya, "Please give me a glass of water."

- (a) Aditi advised Riya to help her.

(D) Fill in the gap with correct modal.

Unfortunately, its not too easy to find an apartment in the city. Without an agent, you, not be able to find all the available listings.

- (a) ought to (b) must
 (c) should (d) might 1

(E) Complete the given statement.

My best friend said, "I help you move next week".

- (a) will be able to
 (b) able to
 (c) be able to
 (d) must be able to 1

(F) The following paragraph has not been edited. There is one error in each line. Identify the error and write its correction against the correct blank number. The first one has been done for you.

	Error	Correction
e.g.	Can't	can
(i)
(ii)
(iii) 1

(b) Aditi requested Riya to give her a glass of water.

(c) Aditi suggested Riya to give her a glass of water.

(d) Aditi screamed at Riya for giving her water. 1

(K) Which option displays the correct change of the following to reported speech?

He said to me, "Do you have a paper?"

- (a) He told me to have a paper.
 (b) He ordered me to have a paper.
 (c) He asked me if I had a paper.
 (d) He enquired me to have a paper. 1

(L) We invited friends over to our house for a barbeque.

- (a) very little (b) any
 (c) the few (d) a few 1

SECTION - B

CREATIVE WRITING SKILLS

5 × 2 = 10 Marks

4. Attempt ANY ONE of the following in 100-120 words.

Social networking sites have become the latest fad among school-going children. The craze has a very bad impact on youngsters. Considering its gravity, you want to express your concern by writing a letter to the editor of Hindustan Times in about 100-120 words.

You are Nitin/Nutan of H. No. 123/8, Sant Nagar, New Delhi – 110065.

OR

You are the manager of Fit & Fine Fitness Club, Gandhi Road, Ernakulam. Write a letter in 100-120 words to Messrs. Pioneer Sports Co., Kochi, placing an order for a minimum of 4 fitness equipments with details. 5

5. Attempt ANY ONE of the following in 100-120 words.

With the help of the given picture and verbal input, write an analytical paragraph in about 100-120 words on 'Rising Prices'.

	Feb '18	Feb '19	Feb '20	Mar '20
Groundnut Oil (₹/Litre)	85	101	121	121
Rice (₹/Kg)	20	25	28	30
Flour (₹/Kg)	18	25	28	35
Toor dal (₹/Kg)	45	56	69	75

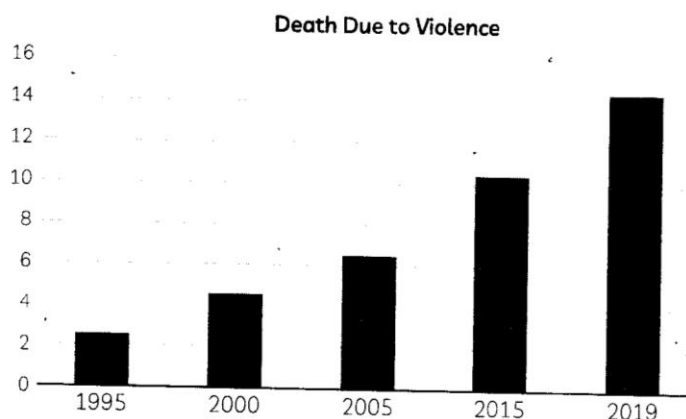
Price as per wholesale

OR

Read the following excerpt from an article in a weekly journal:

"There is a 480% increase in death rate in the last 24 years due to violence. An educated youth is one way to assist efforts to understand crime and reduce violence."

The given histogram shows the alarming increase in the cases of death due to violence in the recent years.



Write an analytical paragraph in 100-120 words on the role of education and youth in establishing peace in society. 5

SECTION - C

LITERATURE

40 Marks

6. Attempt ANY ONE of the two extracts given.

5 × 1 = 5

Coorgi homes have a tradition of hospitality, and they are more than willing to recount numerous tales of valour related to their sons

and fathers. The Coorg Regiment is one of the most decorated in the Indian Army, and the first Chief of the Indian Army, General Cariappa, was a Coorgi. Even now, Kodavus are the only people in India permitted to carry firearms without a licence. The river, Kaveri, obtains its water

from the hills and forests of Coorg. Mahaseer — a large freshwater fish — abound in these waters. Kingfishers dive for their catch, while squirrels and langurs drop partially eaten fruit for the mischief of enjoying the splash and the ripple effect in the clear water. Elephants enjoy being bathed and scrubbed in the river by their mahouts.

- (A) How is the environment of Coorgi?
 (a) mechanically beautiful
 (b) traditional and serene
 (c) beautiful but dangerous
 (d) polluted 1

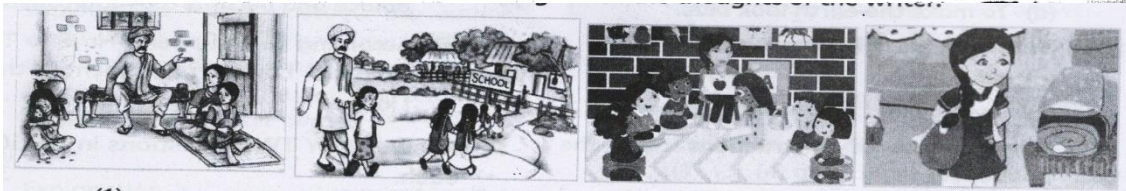
(B) Choose the option that lists the set of statement that are not true according to the given extract.

- (1) Coorgi follows a tradition of hospitality.
 (2) Coorg regiment is one of the most famous in the Indian Army.
 (3) The river Kaveri takes the water from the hills and forests of Coorg.
 (4) Animals enjoy the flora and fauna of Coorg.
 (5) Elephants hate being scrubbed by mahouts.
 (6) Kodavas carry firearms without a license.
 (7) Coorg is a destructive place.
 (a) (1) and (2) (b) (3) and (4)
 (c) (5) and (7) (d) (6) and (5) 1

(C) Choose the option that correctly classifies fact/s (F) & opinions/s (O) of the statements below:

- (1) Coorgi is the pride of Indian Army.

(A) Choose the incorrect option that does not align with the thoughts of the writer.



- (1) (2) (3) (4)
 (a) option (1) (b) option (2) (c) option (3) (d) option (4) 1

(B) Why is Bholi reminded of Laksmi the cow?

(C) The statement that is true about Bholi, according to passage is :

- (a) Bholi was given opportunity to study in convent school.
 (b) Bholi was not happy in her house.

(2) Animals can survive were in the freshwater of Coorgi.

(3) Coorgi should be visited with great safety.

(4) Coorgi and its people are highly hospitable.

(a) F - (1), (3), (4) and O - (2)

(b) F - (1), (2), (4) and O - (3)

(c) F - (1), (2), (3) and O - (4)

(d) F - (2), (3), (4), and O - (1) 1

(D) Which word does 'mischief' NOT correspond to ?

(a) funny

(b) bad behaviour

(c) calmness

(d) naughtiness 1

(E) What special privilege has been accorded to the people of Coorg? 1

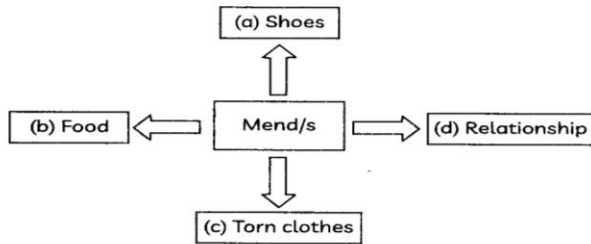
OR

She remembered how a few days ago their old cow, Lakshmi, had been turned out of the house and sold. "N-n-n-n NO, no-no-no," she shouted in terror and pulled her hand away from her father's grip. "What's the matter with you, you fool?" shouted Ramlal. "I am only taking you to school." Then he told his wife, "Let her wear some decent clothes today, or else what will the teachers and the other schoolgirls think of us when they see her?" New clothes had never been made for Bholi. The old dresses of her sisters were passed on to her. No one cared to mend or wash her clothes. But today she was lucky to receive a clean dress which had shrunk after many washings and no longer fitted Champa. She was even bathed and oil was rubbed into her dry and matted hair. Only then did she begin to believe that she was being taken to a place better than her home!

(c) Bholi was very happy with her surrounding.

(d) Bholi was considered the most important member of the family. 1

- (D) Bholi's dry hair was 'rubbed' as it was 1
- (E) The extract uses the phrases 'mend or wash her clothes'. Which of the following expressions is incorrect with respect to the word 'mend'?



7. Attempt ANY ONE of the two extracts given.

5 x 1 = 5

*But if it had to perish twice
I think I know enough of hate
To say that for destruction ice
Is also great and would suffice.*

- (A) What is the synonym for the word 'perish' in the given line "But if it had to perish twice." 1
- (a) decay (b) die
(c) cold (d) putrid
- (B) What is the rhyme scheme of the given stanza? 1
- (C) *To say that for destruction ice,
Is also great and would suffice.
Why would the ice be sufficient?*
(a) To make the world cold.
(b) To make the weather chilly.
(c) To end the world.
(d) To make the earth look blue. 1
- (D) What would NOT destroy the world?
(a) war (b) hate
(c) love (d) desire 1
- (E) What causes of destructions does the poet cite?
(1)
(2) 1

OR

*But he's locked in a concrete cell,
His strength behind bars,
Stalking the length of his cage,
Ignoring visitors.*

10. Answer ANY ONE of the following in 100-120 words.

In The Diary of Anne Frank, Sanne offers her help to Anne to write the essay Mr. Keesing has asked her to write. Imagine the dialogue between Anne and Sanne and write the dialogue.

OR

Read the extracts given below and comment on the similarity of protagonists' experiences as given in the text.

- (A) "God: Of the money that I asked for, only seventy pesos reached me. Send me the rest, since I need it very much. But don't send it to me through the mail because the post office employees are a bunch of crooks. Lencho."
(B) "Another aeroplane? Up there in this storm? No other aeroplanes were flying tonight. Yours was the only one I could see on the radar." 6

- (A) What is the creature doing inside the cage? 1
- (B) What is the statement 'his strength behind bars' mean?
(a) The tiger is strong behind the bars.
(b) The tiger is behind the bars.
(c) The tiger is helpless behind bars.
(d) The tiger is helpless in a cage. 1
- (C) The word "strength" DOES NOT have a meaning similar to:
(a) power (b) happiness
(c) determination (d) courage 1
- (D) "Ignoring visitors", what does the poet mean by this? 1
- (E) The word that DOES NOT indicate a stalking attitude of the tiger towards the indicators is:
(a) helplessness of tiger
(b) deprivedness of tiger
(c) happiness of tiger
(d) desperation of the tiger for freedom 1

8. Answer ANY FOUR questions in 40-50 words each.

4 x 3 = 12

- (A) Using evidence from the chapter 'A Letter to God', state why postmaster signed the letter as 'God'? 3
- (B) Justify Valli's desire to ride on the bus. 3
- (C) Using evidence from the poem 'Dust of Snow', explain how the poet's mood changed due to the crow on the hemlock tree. 3
- (D) Prince Siddhartha left the luxury of his palace and became a beggar. Justify. 3
- (E) According to the poem 'How to Tell Wild Animals', how can you identify the Asian Lion? 3

9. Answer ANY TWO questions in 40-50 words each.

3 x 2 = 6

- (A) How did Mrs. Loisel understand what life of necessity mean? 3
- (B) Why was it not easy for Hari Singh to rob Anil? 3
- (C) How did the period of Tricki's hospitalisation prove to be a blessing for Herriot? 3

11. Answer ANY ONE of the following in 100-120 words.

"My spirits rose. But when I took the note, I saw it was still wet from the night's rain. "Today we'll start writing sentences," he said.

The willingness to transform himself catapults the thief out of misery. Justify the given statement in context with the lesson, The Thief's Story.

OR

"With great power comes great responsibility." Analyse the given statement in context of the lesson 'Footprints without Feet'. Would you like to become invisible like Griffin? How would you feel? What would you do? 6